

Celebrating Bealtaine at Home 2020

We meet (energetically) in the time of flowing to dance the dance of life

Maura Stephanie May and myself put together some suggestions about how you might celebrate the coming of summer at Bealtaine in your own home or garden. Beginning on Friday evening 30th April (the eve of Bealtaine) and in the morning and evening on Saturday 1st May **la Bealtaine**

We begin to celebration on Friday Eve of Bealtaine around sunset

Letting go of the Season of Imbolc

Leave your house by the back door taking all the energy of the winter and Imbolc season from your house as you leave. Smudge yourself with Sage or Rosemary or Bay Leaves or any other way you wish to cleanse that energy of winter and Imbolc from your system

Farewell to the Season of Imbolc _____ Spoken at the back door/window of the house

Go with thanks and go with blessing,

Season of Integrity.

Souls with truth are deeply freighted

Hearts are keen with innocence.

In the cold and darkness travelling,

You have come to brightest spring.

Infant, who has grown to childhood?

Midwife, wise with mothering,

Touch the hidden beauty in us,

Help us soar on summer's wing.

Caitlín Matthews – Celtic Devotional

Excerpt from In Praise of the Earth ~

Let us remember within us

The ancient clay,

Holding the memory of seasons,

The passion of the wind,
The fluency of water,
The warmth of fire,
The quiver-touch of the sun
And shadowed sureness of the moon.

That we may awaken,
to live to the full
the dream of the Earth
who chose us to emerge
and incarnate its hidden night
in mind, spirit, and light.

John O Donoghue

La Bealtaine (the morning) Get up as early and as near to sunrise as you can

Place a glass bowl or jar of water outside your house (maybe the night before) in a position where it will receive the early rays of sunshine on **La Bealtaine** and be energised by those rays . This brings together the energies of Fire and water ,the masculine and feminine energies, both of which are needed for the blossoming and creative expression associated with Bealtaine , Wash your face in this water to bring the masculine and feminine energies into your own being and to support the blossoming of your creative energies.

Threshold Invocation for the Festival of Bealtaine

Maiden of Flowers, open the door,
Smith of souls, come you in,
Let there be welcome to the growing strength,
Let there be welcome to the summer of the Year.
In bud and blossom you are travelling,
In fruit and fragrance you will arrive.
May the blessed time of Bealtaine Inflamm the soul of all beings,
Bringing energy and effort to your passion
From the depths to the heights,
From the heights to the depths,
In the core of every soul.

Caitlín Matthews – Celtic Devotional

Evening Ceremony

Join me energetically as I (on behalf of us all) light the Bealtaine fire using the wood from 9 native trees (I may be able to get a man to do this)

Think about your true heart's desire at this time clarify it and set your intention Ask yourself what do wish to dedicate yourself to during this summer season

What do you need to release or sacrifice into the fire in order to support you to achieve your heart's desire I will place pieces of paper into the fire to represent what each of us is releasing.

Then dance around your fire /candle and feel the connection with the Bealtaine Fire here at A **Cuige** and also the Fire on the Hill of Uishneach

To protect yourself and all that you wish will blossom in you and your life you pray the

Druidic Prayer of Protection

Grant O Creator / God thy protection and in protection, strength

And in strength, understanding and in understanding, knowledge

And in knowledge, the perception of justice and in the perception of justice, the love of it and in that love, the love of all existences

And in the love of all existences, the love of God and the Divine

As you read this prayer be aware of the earth energy under the soles of your feet coming into your centre around the navel and the heavenly energy coming down through your crowns and linking with the earth energy and radiating outwards in a great burst like a golden shield of Light.

Now gather some wild or garden flowers and throw these flowers on the roof of your house or leave them on your door step as you sing

Bring Flowers of the fairest or Thugamar fein on Samhradh linn

It is Always Summer time in the Grateful heart

You might like to create a May Altar in your home for the month of May